

June 17th, 2020

Notes on Business Trip

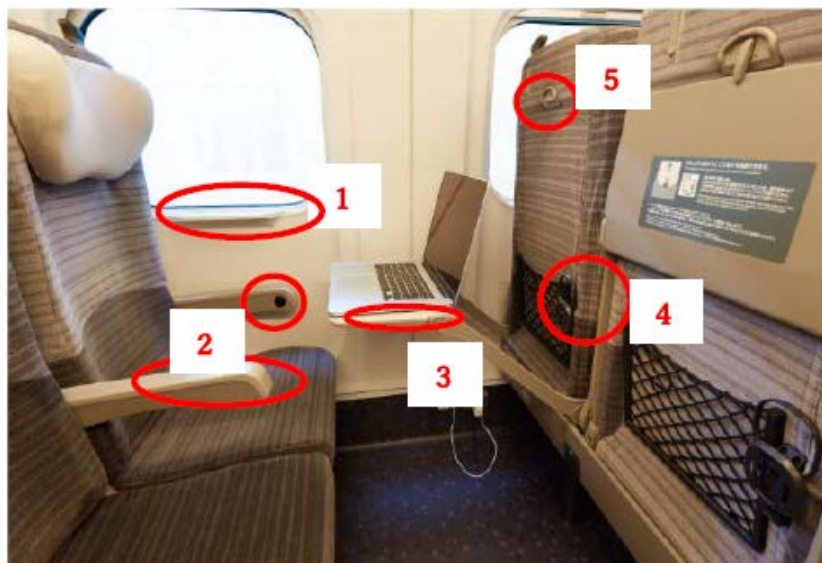
1 Domestic Business Trip

- Refrain from unnecessary and urgent business trips that involve cross-county travel in order to reduce contact with people.
- Be aware of the local infection situation in the area where you are traveling.
- Avoid areas of risk of infection when traveling.
- When traveling on business, keep a record of the counterpart, time, route, and location of the visit.
- We will postpone a business trip if you have a fever, cough, shortness of breath, or other physical symptoms.
- Find out in advance what to do if you become unwell while on a business trip.
- Save a situation that can be changed or stopped depending on the situation.
- Do not go downtown on a business trip.
- Do not have dinner even if you are invited by someone you are supposed to be meeting with.
- Try to act in moderation. (Avoid behaviors that cannot be explained to your family and/or workplace.)

2 Precautions when traveling by bullet train, airplane, bus or other forms of transportation

- When traveling on business, refrain from using it if symptoms such as coughing appear.
- Avoid using the car during peak hours and refrain from talking while in the car.
- Ensure that cough etiquette and masks are worn.
- Frequent use of alcohol for disinfection and soap and water to wash hands.
- When in waiting rooms at airports and train stations, avoid crowded places, wear a mask and refrain from talking.
- When you purchase tickets, wait for a ride, or move around the station, try to maintain a distance of at least one meter from other passengers as much as possible.
- Avoid touching the surface of the railing and other objects.
- Avoid touching the eyes, mouth and skin while moving.
- Drink as little as possible while traveling. If you are going to eat or drink, wash your hands before and after eating or drinking a meal, and also perform finger disinfection.
- Use cashless payment methods to reduce the use of cash.

Example of a bullet train (Shinkansen)



<https://www.jrhokkaido.co.jp/train/shinkansen.html>

- 1: Window Shelf
- 2: Reclines and armrests
- 3: Tables (especially edge)
- 4: Drink Folders
- 5: Table Lock

Although it is cleaned in the turnaround operation, it is wiped with the same cloth, so it is only spread if the virus is present.



<https://douganow.jp/archives/20200401168266.html>

Do not touch the bag of the pack with your mouth.



<https://www.jreast.co.jp/mv-guide/demo/>

Wash your hands after touching the touchscreen.

Hospitals have reported infections via the PC for medical treatment. It can be transmitted directly from the fingers.

However, the risk of infection increases if you touch the skin, air, mouth, or eyes before washing your hands (contact infection). As ordinary soap is sufficient to disinfect COVID-19, please follow the hand-washing rules, such as when getting out of the train, before removing your mask, before meals in the train, etc. to prevent infection.

It's hard to make everything perfect, and even if you make it perfect, the risk isn't zero, so you can do it first Start from there.

If you take care of three things, even if you achieve half the infection control, you can reduce your risk by an eighth ($0.5 \times 0.5 \times 0.5 = 0.125$).